

# Nutrition Facts

**Serving Size**

Approximate Size

**1 Sumo Citrus**

About 235g

Amount Per Serving

**Calories**

**147**

% Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g —

**Cholesterol** 0g —

**Sodium** 0mg —

**Total Carbohydrate** 35g **13%**

Dietary Fiber 3g **11%**

Total Sugars 29g

includes 0g Added Sugars —

**Protein** 3g —

Vitamin D **1%**

Iron **3%**

Vitamin A N/A

Thiamin N/A

Calcium **3%**

Potassium **10%**

Vitamin C **163%**

Folate N/A

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.