

# REALSIMPLE

LIFE MADE EASIER

SLEEP  
BETTER,  
WAKE  
REFRESHED

## Minimize & Organize

Dozens of Ideas  
from People  
Who Downsize,  
Do Less, and  
Live More  
+  
Cozy Outdoor  
Get-Togethers





# FOOD

Peak citrus season is here! That means juicier, tastier fruit and easier-to-find varieties.

## IN SEASON

### Sunny Delights

**LOOK FOR** Sweet oranges, like seedless navel, berry-flavored Cara Cara, and the stunning blood orange. For more tang, opt for Ruby Red grapefruit or the knobby tangelo, a grapefruit-tangerine hybrid. Hot find: The oversize Sumo Citrus is easy to peel and divinely sweet.

**PRO TIP** Hold the fruit in your palm. For maximum juiciness, it should feel heavy for its size.

**STORE** Up to two weeks in the refrigerator or at cool room temperature for a couple of days.

**SERVE** Peel and slice into segments and toss into a green salad; use the juice instead of vinegar in a dressing; chop and make a salsa to serve with seafood or chicken.