REALSIMPLE SLEEP BETTER

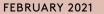
LIFE MADE EASIER

Minimize & Organize

Dozens of Ideas from People Who Downsize, Do Less, and Live More **Cozy Outdoor**

WAKE REFRESHED

Get-Togethers



SLOW COOKER MAGIC / SPEEDY SEAFOOD PASTA / COZY SOUP

FOOD

Peak citrus season is here! That means juicier, tastier fruit and easier-tofind varieties.

IN SEASON

Sunny Delights

LOOK FOR Sweet oranges, like seedless navel, berry-flavored Cara Cara, and the stunning blood orange. For more tang, opt for Ruby Red grapefruit or the knobby tangelo, a grapefruittangerine hybrid. Hot find: The oversize Sumo Citrus is easy to peel and divinely sweet.

PRO TIP Hold the fruit in your palm. For maximum juiciness, it should feel heavy for its size.

STORE Up to two weeks in the refrigerator or at cool room temperature for a couple of days.

SERVE Peel and slice into segments and toss into a green salad; use the juice instead of vinegar in a dressing; chop and make a salsa to serve with seafood or chicken.